

Zhodnotenie individuálneho rizika NAFLD vychádza z publikácie Lee, Yong-ho, et al.:

Lee, Yong-ho, et al. 'Non-Laboratory-Based Self-Assessment Screening Score for Non-Alcoholic Fatty Liver Disease: Development, Validation and Comparison with Other Scores'. PLoS ONE, edited by Anna Alisi, vol. 9, no. 9, Sept. 2014, p. e107584. DOI.org (Crossref), <https://doi.org/10.1371/journal.pone.0107584>.

Cenným doplnkovým zdrojom pri vytváraní konceptu hodnotenia rizika NAFLD u všeobecnej populácie je práca Szantova, Maria, et al.:

Szantova, Maria, et al. 'Questionnaire for Risk Factors of Alcoholic and Nonalcoholic Fatty Liver Disease'. Bratislava Medical Journal, vol. 123, no. 07, 2022, pp. 496–504. DOI.org (Crossref), https://doi.org/10.4149/BLL_2022_079.

Ďalšie odborné zdroje:

Allen, Alina M., et al. 'Healthcare and Socioeconomic Costs of NAFLD: A Global Framework to Navigate the Uncertainties'. Journal of Hepatology, vol. 79, no. 1, July 2023, pp. 209–17. DOI.org (Crossref), <https://doi.org/10.1016/j.jhep.2023.01.026>.

Ando, Yumi, and Janice H. Jou. 'Nonalcoholic Fatty Liver Disease and Recent Guideline Updates'. Clinical Liver Disease, vol. 17, no. 1, Jan. 2021, pp. 23–28. DOI.org (Crossref), <https://doi.org/10.1002/cld.1045>.

Cholongitas, Evangelos. 'Epidemiology of Nonalcoholic Fatty Liver Disease in Europe: A Systematic Review and Meta-Analysis'. Annals of Gastroenterology, 2021. DOI.org (Crossref), <https://doi.org/10.20524/aog.2021.0604>.

Godoy-Matos, Amélio F., et al. 'NAFLD as a Continuum: From Obesity to Metabolic Syndrome and Diabetes'. Diabetology & Metabolic Syndrome, vol. 12, no. 1, Dec. 2020, p. 60. DOI.org (Crossref), <https://doi.org/10.1186/s13098-020-00570-y>.

Le, Michael H., et al. 'Forecasted 2040 Global Prevalence of Nonalcoholic Fatty Liver Disease Using Hierarchical Bayesian Approach'. Clinical and Molecular Hepatology, vol. 28, no. 4, Oct. 2022, pp. 841–50. DOI.org (Crossref), <https://doi.org/10.3350/cmh.2022.0239>.

Kudaravalli P, John S. Nonalcoholic Fatty Liver. [Updated 2023 Apr 7]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK541033/>

Teng, Margaret Lp, et al. 'Global Incidence and Prevalence of Nonalcoholic Fatty Liver Disease'. Clinical and Molecular Hepatology, vol. 29, no. Suppl, Feb. 2023, pp. S32–42. DOI.org (Crossref), <https://doi.org/10.3350/cmh.2022.0365>.

Wong, Vincent Wai-Sun, et al. 'Changing Epidemiology, Global Trends and Implications for Outcomes of NAFLD'. *Journal of Hepatology*, vol. 79, no. 3, Sept. 2023, pp. 842–52. DOI.org (Crossref), <https://doi.org/10.1016/j.jhep.2023.04.036>.

A Healthy Lifestyle - WHO Recommendations. WHO, <https://www.who.int/europe/news-room/fact-sheets/item/a-healthy-lifestyle---who-recommendations>.

'How Much Is a Standard Drink?' International Agency for Research on Cancer , <https://cancer-code-europe.iarc.fr/index.php/en/ecac-12-ways/alcohol-recommendation/27-standard-drink>.

Jeong Uk Lim et al. . 'Comparison of World Health Organization and Asia-Pacific Body Mass Index Classifications in COPD Patients'. *Int J Chron Obstruct Pulmon Dis.*, <https://doi.org/10.2147/COPD.S141295>.

Powell, Elizabeth E., et al. 'Non-Alcoholic Fatty Liver Disease'. *The Lancet*, vol. 397, no. 10290, June 2021, pp. 2212–24. DOI.org (Crossref), [https://doi.org/10.1016/S0140-6736\(20\)32511-3](https://doi.org/10.1016/S0140-6736(20)32511-3).

Ando, Yumi, and Janice H. Jou. 'Nonalcoholic Fatty Liver Disease and Recent Guideline Updates'. *Clinical Liver Disease*, vol. 17, no. 1, Jan. 2021, pp. 23–28. DOI.org (Crossref), <https://doi.org/10.1002/cld.1045>.

Cholongitas, Evangelos. 'Epidemiology of Nonalcoholic Fatty Liver Disease in Europe: A Systematic Review and Meta-Analysis'. *Annals of Gastroenterology*, 2021. DOI.org (Crossref), <https://doi.org/10.20524/aog.2021.0604>.

Powell, Elizabeth E., et al. 'Non-Alcoholic Fatty Liver Disease'. *The Lancet*, vol. 397, no. 10290, June 2021, pp. 2212–24. DOI.org (Crossref), [https://doi.org/10.1016/S0140-6736\(20\)32511-3](https://doi.org/10.1016/S0140-6736(20)32511-3).

Hu, Xiao-Yu, et al. 'Risk Factors and Biomarkers of Non-Alcoholic Fatty Liver Disease: An Observational Cross-Sectional Population Survey'. *BMJ Open*, vol. 8, no. 4, Apr. 2018, p. e019974. [bmjopen.bmj.com, https://doi.org/10.1136/bmjopen-2017-019974](https://doi.org/10.1136/bmjopen-2017-019974).